SLA NEWS

8/31- 9/4
2026

SLA WEEKLY NEWSLETTER

PRINCIPAL'S MESSAGE

Welcome to a new week, SLA students and families!

As we begin Week 5 of the academic year, I want to thank our students for choosing to be here each day and for continuing to demonstrate our R.A.M.S. values.

During our first assembly last Thursday, students were engaged, respectful, and full of school spirit. I was incredibly proud—keep it up!

As we move forward, remain focused on your personal and academic goals, make positive choices, and continue working toward success. Let's make it another great week at SLA!

2 WORDS STEP OUT

Growth begins when you step outside your comfort zone. This week, challenge yourself to try something new, speak up, ask for help, or take the first step toward a goal.

You may not feel completely ready—and that's okay. Be courageous, believe in yourself, and **Step Out**!

KEY MESSAGES

Student Council: Voting begins Wednesday!

Senior Sunrise: Join us on September 3 at 5:00 AM. Please bring your own blanket and snacks!

Fruit Cups for Sale: Delicious fruit cups with chamoy and Tajín will be sold Monday and Tuesday!

SLA COMMUNITY SPOTLIGHT

Our Student Council will step out and serve the community by volunteering at St. Mary's Food Bank on September 1st. We are proud of our students for giving their time, representing SLA, and demonstrating leadership through service. We look forward to sharing highlights from their experience!

TEEN HEALTH & WELLNESS

Hydrate for Success!

Arizona's heat can affect concentration, energy, and overall health. Students should carry water, drink regularly throughout the day, and avoid waiting until they feel thirsty. Families are also encouraged to check on one another and limit time outdoors during extreme heat.

WORD OF THE WEEK: INITIATIVE

Initiative means taking action without waiting to be told.

It connects to our 2Words focus, Step Out. Whether you ask for help, join an activity, or begin working toward a goal, success starts with taking the first step.

LUNCH MENU

Monday: Sloppy Joes broccoli & cheese soup
Tuesday: Pepperoni pizza & gumbo
Wednesday: Baked ziti & navy bean soup
Thursday: Fish sandwich & potato soup

FACT OF THE WEEK

Did you know that a saguaro cactus can take 10 years to grow just one inch? It may take 95–100 years before growing its first arm!

Suicide/Crisis Hotline

602-222-9444
or

TEXT HOME TO 741741

IF YOU NEED TO TALK TO SOMEONE OR FEELING ALONE.

SLA'S MISSION

To improve the academic achievement of at-risk students by providing an alternative educational program and supportive school environment.